

Monday, March 3, 2025

Family drop-in - Devon FRN

Date and Time: Monday, March 3 2:00 pm - 8:00 pm

Address: 5 Jasper Court, Devon, AB.

March 20 update: The Family drop-in - Devon scheduled for April 7, from 2 to 8 p.m. will be closed. For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

Leduc County Family Resource Network (FRN) offers permanent drop-in hours at its two facilities, located in Devon and Thorsby.

All families are welcome to drop in and join FRN staff for:

- coffee and snacks
- resources and referrals
- monthly prize draws
- free Wi-Fi and computer use
- games and crafts
- programs and supports

FRN facility locations

Devon: 5 Jasper Court in the Old Robina Baker School

- Open Mondays from 2 to 8 p.m.

Thorsby: 4711 48 Ave. in the modular building across from the Arctic Spas Recreation Complex

- Open Tuesdays from 2 to 8 p.m.
- Open Thursdays from 9 a.m. to 4 p.m.

Please note: drop-in hours will be closed when school busses are not running.

For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

Tuesday, March 4, 2025

Family drop-in - Thorsby

Date and Time: Tuesday, March 4 2:00 pm - 8:00 pm

Address: 4711 48 Avenue, Thorsby, AB.

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How to reduce overthinking and worry

Date and Time: Tuesday, March 4 6:30 pm - 8:00 pm

Address: 4901 48 Ave.

Stuck in the cycle of overthinking and worrying? Join us and explore how these mental patterns affect our well-being, relationships and productivity. Participants will learn effective strategies and practical tools to help break the cycle of overthinking and cultivate a more positive mindset.

Adults 18 years and older are welcome to join in to learn how to manage worries and embrace a calmer, more focused approach to life.

Date: Tuesday, Mar. 4, 2025

Time: 6:30 to 8 p.m.

Location: Arctic Spas Recreation Complex
4901 48 Ave. Thorsby, AB.

Registration: [Click here](#) or visit www.leduc-county.com/reduceworry

Questions: contact Kristin at **780-955-6421** or by email at Kristin@leduc-county.com

Thursday, March 6, 2025

Family drop-in - Thorsby

Date and Time: Thursday, March 6 9:00 am - 4:00 pm

Address: 4711 48 Avenue, Thorsby, AB.

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Friday, March 7, 2025

Grazers information session

Date and Time: Friday, March 7 10:00 am - 4:00 pm

Learn more about funding opportunities, nutrition and management tools and tap into the expertise of our featured speaker, Steve Kenyon from Greener Pastures Ranching Ltd.

Join Leduc County and Wetaskiwin County's Sustainable Agriculture program for this free, in-person session with lunch included!

Date: Friday, Mar. 7, 2025

Time: 10 a.m. to 4 p.m.

Location: Lakedell Agricultural Society
461043 Range Road 12, Westeros

Register: visit www.county.wetaskiwin.ab.ca/grazer-session or call Kim at **780-387-6182**

Saturday, March 8, 2025

What's new in the garden this spring?

Date and Time: Saturday, March 8 1:00 pm - 3:00 pm

Join Harold Wanke, owner of South Cooking Lake Greenhouses for a gardening workshop in New Sarepta. Workshop topics include new varieties of flowers and vegetables for 2025, how to have success with these varieties and the latest gardening trends.

Date: Saturday, Mar. 8

Time: 1 to 3 p.m.

Location: Golden Pioneers Centre, New Sarepta Agriplex

Register: Reach out to Lucille at 780-941-2382 or at Lucille@leduc-county.com
Please note: this session is for Leduc County residents

Monday, March 10, 2025

PD day at the New Sarepta Agriplex

Date and Time: Monday, March 10 10:00 am - 3:00 pm

Are you looking for something fun and free to do with the kids on PD days? Come out to the New Sarepta Agriplex gym and hangout for the afternoon with Leduc County Parks and Rec team? Stop by for open gym time! Similar to the evening drop-in program children and youth can explore games, sports and activities!

Children should bring clean indoor running shoes, active clothing and a water bottle.

Children under the age of 8 must be accompanied by a responsible supervisor 14 years or older.

This program doesn't require [registration](#) although it is encouraged.

If you require assistance or have questions, email RecPrograms@leduc-county.com or call 780-955-6410.

Family drop-in - Devon FRN

Date and Time: Monday, March 10 2:00 pm - 8:00 pm

Address: 5 Jasper Court, Devon, AB.

March 20 update: The Family drop-in - Devon scheduled for April 7, from 2 to 8 p.m. will be closed. For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

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For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

Tuesday, March 11, 2025

Addictions Learning Series: Strategies for Effective Support

Date and Time: Tuesday, March 11 12:00 pm - 1:00 pm

We invite you to participate in a three-part virtual series with Addictions Counsellor Erin Black from Recovery Alberta who will lead us through best practices for supporting individuals experiencing substance use concerns. Throughout the series, we will explore topics such as understanding addiction, examining our own beliefs and biases, navigating challenges and identifying resources for further support.

Time: 12 to 1 p.m.

Location: Microsoft Teams online

Register: [Click here](#) or visit www.leduc-county.com/addictions-learning

Contact: fcssinfo@leduc-county.com or 780-979-2385 with any questions

Tuesday, Feb. 25: Understanding Addictions

Gain insights into various types of addictions, the impact of stigma, the influence of personal beliefs and biases and the connection between addiction and mental health.

Tuesday, Mar. 11: How to Help

Learn what to do — and what not to do — when working with individuals struggling with substance use, along with strategies for addressing common challenges.

Tuesday, Mar. 25: Resources

Discover local resources available for addiction and mental health support, how these services can assist individuals and how to guide clients to the appropriate resources.

When registering, please note you are signing up for all three; however, you are welcome to attend only your preferred sessions - one, two or three.

Family drop-in - Thorsby

Date and Time: Tuesday, March 11 2:00 pm - 8:00 pm

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FRN facility locations

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- Open Thursdays from 9 a.m. to 4 p.m.

Devon: 5 Jasper Court in the Old Robina Baker School

- Open Mondays from 2 to 8 p.m.

For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

Thursday, March 13, 2025

Family drop-in - Thorsby

Date and Time: Thursday, March 13 9:00 am - 4:00 pm

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Monday, March 17, 2025

Family drop-in - Devon FRN

Date and Time: Monday, March 17 2:00 pm - 8:00 pm

Address: 5 Jasper Court, Devon, AB.

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Tuesday, March 18, 2025

Family drop-in - Thorsby

Date and Time: Tuesday, March 18 2:00 pm - 8:00 pm

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- Open Thursdays from 9 a.m. to 4 p.m.

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- Open Mondays from 2 to 8 p.m.

For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

Working Well online workshop

Date and Time: Tuesday, March 18 6:30 pm - 9:30 pm

Did you know that a poorly maintained water well can put your water supply at risk of contamination and reduce your well yield?

If you are one of 600,000 Albertans who use their water well for household purposes, the key to ensuring your water supply is safe and secure is knowing how groundwater works, learning about your well and understanding how to properly maintain it.

Date: Tuesday, Mar. 18, 2025

Time: 6:30 to 9:30 p.m.

Location: online (Zoom)

Register: [click here](#)

During this comprehensive workshop we will cover:

- Groundwater – how it works
- Water quality and quantity testing
- Well protection – protecting your well from contamination
- Basic well maintenance
- Water sampling – how to do it

Wednesday, March 19, 2025

Understanding Bias and Micro-Inequities

Date and Time: Wednesday, March 19 1:00 pm - 4:00 pm

Presented by the Centre for Race and Culture, everyone is welcome join in to explore how personal biases are formed and how they can lead to harmful micro-inequities, which are subtle, indirect, and often unintentional practices or behaviours that communicate bias and prejudice against members of marginalized groups.

Date: Wednesday, Mar. 19, 2025

Time: 1 to 4 p.m. (doors at 12:30 p.m.)

Location: Coast Nisku Inn & Conference Centre (1101 4 St. Nisku, AB.)

Registration: [click here](#) or visit www.leduc-county.com/understanding-bias

Questions: contact Kristin at 780-955-6421 or at kristin@leduc-county.com

Through discussion and activities, participants will learn:

- What bias is, how is it formed and its potential dangers
- What micro-inequities and microaggressions are
- How to recognize and unmask them
- Why and how they are harmful
- Strategies for intervening in them (as bystanders, allies and targets)

Septic Sense: Solutions for Rural Living

Date and Time: Wednesday, March 19 6:30 pm - 8:30 pm

Rural property owners are responsible for ensuring their systems operate properly and safely. If you have a septic system on your rural property, you will benefit from attending this workshop. Presenters will teach you how t

o understand, assess and properly manage your septic system, enabling you to protect your investment in your property and the valuable natural assets associated with your land.

Learn what you can do to properly manage and maintain your septic system.

Date: Wednesday, March 19, 2025

Time: 6:30 to 8:30 p.m.

Location: Zoom online

Register: [click here to register](#). If you need help registering or have questions, reach out to Kim at KimB@leduc-county.com or **780-387-6182**.

During the workshop attendees will learn:

- What a septic system is and how it works
- Regulations
- Design and installation
- Appropriate use of your septic system
- Maintaining your septic system
- Troubleshooting

Thursday, March 20, 2025

Family drop-in - Thorsby

Date and Time: Thursday, March 20 9:00 am - 4:00 pm

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Saturday, March 22, 2025

Family Fun Sport Zone - New Sarepta Agriplex

Date and Time: Saturday, March 22 10:00 am - 1:00 pm

Address: New Sarepta Agriplex

The Family Fun Sport Zone is a FREE drop in program one Saturday a month from 10 a.m. to 1 p.m. Families are welcome to attend and explore all things related to sports!

Children and youth of all ages will have the opportunity to try out a variety of sports and work on their skills throughout the sessions with their families and friends. Parents and caregivers are encouraged to participate and have fun!

Sports Zone can be a great way to show children and youth how much fun taking part in sports can be along with improve health and fitness! We will have coffee and tea to keep you cozy, so come on down for some games or a visit.

Children under the age of 8 must be accompanied by a responsible supervisor 14 years or older.

Monday, March 24, 2025

Family drop-in - Devon FRN

Date and Time: Monday, March 24 2:00 pm - 8:00 pm

Address: 5 Jasper Court, Devon, AB.

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Tuesday, March 25, 2025

Addictions Learning Series: Strategies for Effective Support

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Time: 12 to 1 p.m.

Location: Microsoft Teams online

Register: [Click here](#) or visit www.leduc-county.com/addictions-learning

Contact: fcssinfo@leduc-county.com or 780-979-2385 with any questions

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Gain insights into various types of addictions, the impact of stigma, the influence of personal beliefs and biases and the connection between addiction and mental health.

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Learn what to do — and what not to do — when working with individuals struggling with substance use, along with strategies for addressing common challenges.

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Discover local resources available for addiction and mental health support, how these services can assist individuals and how to guide clients to the appropriate resources.

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Thursday, March 27, 2025

Family drop-in - Thorsby

Date and Time: Thursday, March 27 9:00 am - 4:00 pm

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For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

Friday, March 28, 2025

Fraud Alert: Protecting yourself from scams and deception

Date and Time: Friday, March 28 9:00 am - 3:30 pm

Address: 4815 47 Street, Calmar, AB.

March is Fraud Prevention Month, and we welcome you to join us for a day of engaging presentations delivered by the TELUS Wise team, BMO representatives, RCMP, local peace officers and our keynote speaker, Consumer Protection Expert & Fraud Prevention Educator, Julie Matthews.

Designed to empower older adults with knowledge and tools to prevent scams and fraud, join in for enlightening discussions and a catered lunch while sharpening your skills on staying ahead of scammers!

Date: Friday, Mar. 28, 2025

Time: 9 a.m. to 3:30 p.m.

Location: Calmar Legion

4815 47 Street, Calmar, AB.

Register: [click here](#) or contact Carla at **780-955-4554** or

carla@leduc-county.com or Mikayla at **780-985-3604** ext. 233 or mleibel@calmar.ca

Monday, March 31, 2025

Family drop-in - Devon FRN

Date and Time: Monday, March 31 2:00 pm - 8:00 pm

Address: 5 Jasper Court, Devon, AB.

March 20 update: The Family drop-in - Devon scheduled for April 7, from 2 to 8 p.m. will be closed. For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com

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<https://calendar.leduc-county.com>